ABSTRACT

There is provided a noise isolation sheet 100 which is installed in a car door comprising a door inner panel 11 and an interior door trim 12. The door trim 12 is provided inside the door inner panel 11. The noise isolation sheet 100 partially or wholly covers the door inner panel 11. The noise isolation sheet 100 is at least a double layer comprising an outer side sheet 101 and an inner side sheet 102. The outer side sheet 101 is a sheet made of a foam body having water absorption of less than 30%, and the inner side sheet 102 is a sheet made of a foam body having water absorption of 30% or more.